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Integrated Disease Surveillance Programme
Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun

Date: 05-06-2021 Health Bulletin Time: 6:00PM



होम आईसोलेशन में कोविड मरीज की देखभाल के दौरान संक्रमण के खतरे से सावधानी बरतें





मरीज को उसके कमरे के बाहर ही एक टेबल पर रख कर भो<mark>जन पहुँचायें,</mark> मरीज के सीधे सम्पर्क में बिल्कुल न आयें, डिस्पोजेबल बर्तन इत्यादि का प्रयोग करें,

या बर्तनों को अलग रखें उनको धोनें में सावधानी बरतते हुये ग्लब्स का प्रयोग करें उन बर्तनों को अन्य लोग इस्तेमाल न करें,

कोविड संक्रमित रोगी द्वारा उपयोग की गयी किसी भी चीज के सम्पर्क में न आयें..

मरीज के कपड़े इत्यादि को धोने से पूर्व तेज गर्म पानी 60-90 हिग्री से० और डिटर्जैंट का प्रयोग करते हुये पहले आधे घन्टे तक भिगो कर रखें तथा तेज धूप में सावधानी पूर्वक सुखायें,

मरीज के अन्य उपयोग में लाये गये वेस्ट को फैंकने से पहले विसंक्रमित करें, इस हेतु सोडियम हाईपोक्लोराइट की सही मात्रा का प्रयोग करें।







दवाई भी.. कड़ाई भी जिन्दमी मीतेमी, कोविङ हारेगा..











कोरोना से ठीक होने के २०-३० दिनों के भीतर कुछ लोगों में म्यूकरमाइकोसिस यानी ब्लैक फंगस के लक्षण जैसे नाक के पास लालिमा, चेहरे पर एक तरफा सूजन, बुखार, सिर दर्द, सांस लेने में तकलीफ या दर्द, खून की उब्टी अथवा मानसिक स्थिति में बदलाव की स्थितियां आ सकती हैं।



आपको डायबिटीन है या उपचार हेतु अस्पताल में भर्ती होना पड़ा हो, स्टेरॉयड दवाईयां या ऑक्सीनन थेरैपी ली हो अथवा आई0सी0यू0 में भर्ती रहें हो, किडनी या कैंसर रोग का उपचार ले रहे हैं, तो आप अधिक सतर्क रहें...

























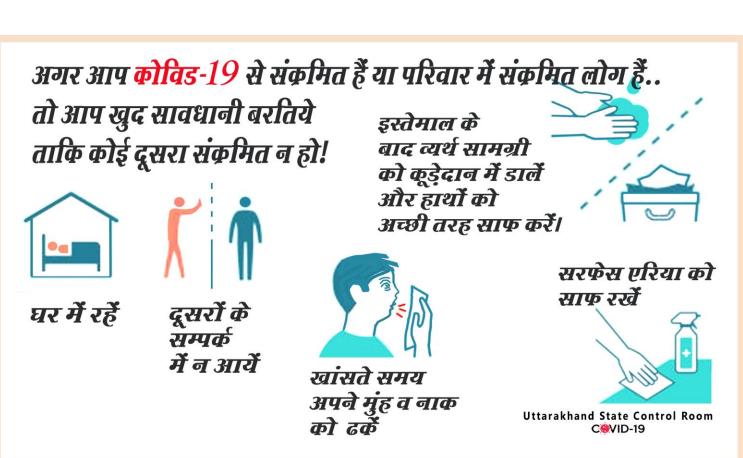




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कोविड–19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये दिये गये लिंक पर विलक करें

Covid-19 Telephone/	https://health.uk.gov.in/pages/display/140-novel-corona-
Mobile Directory	virus-guidelines-and-advisory-
Sample Collection Centers	https://covid19.uk.gov.in/map/secLocation.aspx
Availability of Beds	https://covid19.uk.gov.in/bedssummary.aspx
Covid-19 Vaccination Sites	www.cowin.gov.in
RT – PCR Testing Report	https://covid19.uk.gov.in/
To get Medical assistant and	http://www.esanjeevaniopd.in/Register
Doctor's consultation:	Download app:
Free Consultation from	https://play.google.com/store/apps/details?id=in.hied.esa
Esanjeevani	njeevaniopd&hl=en_US
	<u>Or call: 9412080703, 9412080622, 9412080686</u>
Home Isolation Registration	https://dsclservices.org.in/self-isolation.php
Home Isolation Booklet(Do's	https://health.uk.gov.in/files/Covid-19-
&Don'ts)	Directory/Home_Isolation_booklet.pdf
Vaccination (Self Registration)	https://selfregistration.cowin.gov.in/
	www.cowin.gov.in
Standard Operating Procedure	https://health.uk.gov.in/pages/view/146-tocilizumab-
for issue of TOCILIZUMAB	amphotericinprocedure
AMPHOTERICIN B	
Daily Bulletin	https://health.uk.gov.in/pages/display/140-novel-corona-
	virus-guidelines-and-advisory-
Travelling to/from Uttarakhand	https://dsclservices.org.in/apply.php
Registration	
Any other Help	Call 104 (24X7) / State Control Room 0135-2609500/
	District Control Rooms of respective district for any
	other help and assistance.
for any queries and suggestions	covid19statewarroomuk@gmail.com
	Toll Free Number 104
	State Covid-19 Control Room
	0135 2609500

For complaints regarding black marketing of medicines, oxygen and other malpractices related to covid-19 in Uttarakhand

Landline No. 0135-2656202 and Mobile: 9412029536



O L L HEA

Recovered Today: 2531

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Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun

Date: 05-06-2021 Health Bulletin Time: 6:00PM

Positive Today: **619**

Death Today: 16 Active Cases: 17305

S^{+vty} Sample Positivity: **6.76%** R% Recovery Percentage: **91.03%**

1. Total cumulative Positive COVID-19 detected: 333578

2. Total Number (%) of COVID-19 Patients Treated/ Cured: 303659 (91.03%)

3. Total Number (%) of COVID-19 patients migrated out of state: **5950** (1.78%)

4. Total Number (%) of COVID-19 Deaths: 6664* (2.00%)

5. Number of samples found negative for COVID-19 today: 22893

6. Total number of samples sent for COVID-19 testing today: 24058

7. Total number of cumulative samples found negative: 4603118

8. Total number of samples result awaited: 7253

^{*}Deaths reported from previous date added in cumulative figure (details on page 8). These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.









Integrated Disease Surveillance Programme Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun

Detailed Status of Sample Tested

		Ne	gative	Po	ositive		Results Awaited (including sample sent to labs today)	
Districts	Samples Sent to Labs Today	Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)	Cumulative Samples Tested		
Almora	453	646	141283	118	11485	152768	175	
Bageshwar	588	483	113643	9	5488	119131	298	
Chamoli	546	931	149326	42	11813	161139	221	
Champawat	857	508	139075	7	7251	146326	644	
Dehradun	5357	4486	877746	127	109444	987190	2375	
Haridwar	6888	6726	1444504	98	50127	1494631	471	
Nainital	1574	1683	339333	83	38252	377585	335	
Pauri Garhwal	706	1008	228263	23	17232	245495	231	
Pithoragarh	1248	585	126109	20	9450	135559	762	
Rudraprayag	573	518	91219	10	8425	99644	223	
Tehri Garhwal	1676	1840	173855	29	15424	189279	155	
US Nagar	3180	2620	589603	31	37162	626765	1073	
Uttarkashi	412	859	189159	22	12025	201184	290	
Total	24058	22893	4603118	619	333578	4936696	7253	

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others
Almora	11485	9773	999	137	576
Bageshwar	5488	4342	1074	47	25
Chamoli	11813	9840	1724	56	193
Champawat	7251	6416	618	53	164
Dehradun	109444	103920	1669	3274	581
Haridwar	50127	45128	2906	878	1215
Nainital	38252	35799	1433	893	127
Pauri Garhwal	17232	14611	1666	263	692
Pithoragarh	9450	7708	1614	116	12
Rudraprayag	8425	7686	546	76	117
Tehri Garhwal	15424	13103	1364	70	887
U.S. Nagar	37162	34301	1100	728	1033
Uttarkashi	12025	11032	592	73	328
Total	333578	303659	17305	6664	5950



Integrated Disease Surveillance Programme





Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun

Details of Patients Treated & Cured

DISTRICT NAME	Treated & Cured in last 24 hrs
ALMORA	180
BAGESHWAR	3
CHAMOLI	568
CHAMPAWAT	164
DEHRADUN	279
HARIDWAR	518
NAINITAL	101
PAURI GARHWAL	42
PITHORAGARH	131
RUDRA PRAYAG	218
TEHRI GARHWAL	202
UDAM SINGH NAGAR	52
UTTAR KASHI	73
Total	2531









Integrated Disease Surveillance Programme Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun

Hospital Wise Death

District	Cumulative Deaths	Name of the Hospitals	No of Deaths
Almora	137	Base Hospital, Almora	1
		AIIMS Rishikesh, Dehradun	2
Dehradun	3274	Kailash Hospital, Dehradun	1
Denradun	3274	Lehman Hospital, Dehradun	1
		Shri Mahant Indiresh Hospital, Dehradun	1
Haridwar	878*(A)	MH Roorkee, Haridwar	1
Nainital	200	Dr. Susheela Tiwari Govt. Hospital Haldwani, Nainital	1
Namitai	893	Sai Hospital, Nainital	1
Pauri Garhwal	000	Hans Foundation Genral Hospital, Pauri Garhwal	1
Pauri Garnwai	263	HNB Base Hospital Srinagar, Pauri Garhwal	2
LIC Noger	700*/D\	L.D Bhatt Hospital Kashipur, US Nagar	1
US Nagar	728*(B)	The Medicity Hospital Rudrapur, US Nagar	3
	16		

^{*}Note: Deaths reported from previous date added in cumulative figure. These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.

*(A) HARIDWAR (16):

Jaya Maxwell Hospital (15)- 20 April 2021 (1), 30 April 2021 (2), 1 May 2021 (1), 2 May 2021 (2), 3 May 2021 (1), 4 May 2021 (2), 6 May 2021 (2), 8 May 2021 (1), 16 May 2021 (1), 17 May 2021 (1), 19 May 2021 (1)

New Dev Bhoomi Hospital (1)- 05 May 2021 (1)

*(B) US NAGAR (01):

Ujala Hospital (01)- 2 June 2021 (1)



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Mucormycosis Cases and Deaths - Uttarakhand as on 05.06.2021

S.No.	District	Hospital Name	Total No. of cases	Death	Discharge
1	Udham Singh Nagar	JLN District Hospital, Rudrapur	1	1	0
		City Heart Hospital	1	0	0
		AIIMS Rishikesh	175	28	6
		Max Hospital	9	1	3
		Doon Medical College	12	0	3
2	Dehradun	Sri Mahant Indresh Hospital	24	3	0
		HIHT Joly Grant	26	5	6
		Aarogyadham Hospital	2	0	0
		ONGC Hospital	1	0	0
		Synergy Hospital	1	1	0
		Krishna Hospital, Haldwani	3	1	0
3	Nainital	Dr. Susheela Tiwari Govt. Hospital, Haldwani	22	4	0
		Tiwari Nursing Home	1	0	0
4	Uttarkashi District Hospital		1	0	0
	To	otal	279	44	18







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Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500



Whatsapp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874
Bageshwar	05963-221822
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239072
Nainital	05946-281234
Paurigarhwal	01368-222213
Pithoragarh	05964-297551
TehriGarhwal	01376-234793
Rudraprayag	01364-233727
U.S. Nagar	05944-246590,05944-250250
Uttarkashi	01374-222641,7417162869









Integrated Disease Surveillance Programme Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun

COVID-19 Vaccination

5th June 2021

* Sessions Held Today: 407

Number of Beneficiaries Vaccinated Today: 34497

☀ Number of Beneficiaries Partially Vaccinated: 2330346

☀ Number of Beneficiaries Fully Vaccinated: 686926

Total 18-44 years beneficiaries Vaccinated: 315472

Details of Beneficiaries Vaccinated in Uttarakhand

		Ci	tizen	Н	Health Care Worker			Front Line Worker		
Districts	Last 24 hrs	>45 Partially Vaccinated (1st Dose Coverage)	>45 Fully Vaccinated (Both Dose Coverage)	Partially vaccinated (more than 18 to <45 years)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	1,579	129797	36,344	16,347	1	5,929	4,815	177	9,413	3,126
Bageshwar	1,526	60877	23,161	16,137	1	2,437	2,261	0	2,291	1,404
Chamoli	1,914	90787	30,290	16,708	0	3,983	3,703	1	6,446	4,258
Champawat	124	55653	14,196	15,272	0	2,208	1,853	28	6,644	3,361
Dehradun	7,233	363317	114,408	58,722	52	36,012	26,190	124	27,764	15,576
Haridwar	4,227	224459	49,038	36,725	4	17,284	11,871	55	48,109	30,001
Nainital	2,537	168906	51,879	32,402	27	13,831	9,951	363	17,128	6,161
Pauri	1,444	139273	36,367	17,396	7	7,783	6,230	7	6,877	3,934
Pithoragarh	1,259	77382	20,191	15,431	3	4,033	3,390	40	8,023	5,077
Rudraprayag	1,498	53766	16,436	17,851	3	2,422	1,956	9	2,634	1,329
Tehri	1,875	110150	32,809	16,414	0	6,144	5,297	2	4,844	3,028
US Nagar	6,163	176376	46,068	39,774	27	11,886	8,080	889	27,502	8,150
Uttarkashi	1,298	74144	38,317	16,294	0	3,433	3,082	0	4,926	3,338
Total	32,677	1724887	509,504	315,473	125	117,385	88,679	1,695	172,601	88,743



Date: 05-06-2021

Uttarakhand State Control Room COVID-19







Integrated Disease Surveillance Programme Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun

District-wise Hotspots/ Containment Zones

DISTRICT NAME	Number Of Active Containment Zone
ALMORA	06
BAGESHWAR	0
CHAMOLI	07
CHAMPAWAT	12
DEHRADUN	42
HARIDWAR	21
NAINITAL	06
PAURI GARHWAL	12
PITHORAGARH	05
RUDRA PRAYAG	14
TEHRI GARHWAL	25
UDAM SINGH NAGAR	15
UTTAR KASHI	10
Total	175











S.No	District Name	Total	Detail of District-Wise Hotspots/ Containment Zones		
1	Dehradun	42	Dehradun (21) 1- Anarwala Vijay purGopiwala (14-05-2021) 2- Doon Site View, Cottage Police chownki, Chandal Garhi (14-05-2021) 3- PradhanacharyaAwas, CST Happy Valley (16-05-2021) 4- Green Valley Housing Rajpur Road (16-05-2021) 5- Gram Tarlanagal (16-05-2021) 6- 49 Mohini Road, Near control shop (16-05-2021) 7- Cross -08, House No- 19, Tapovan enclave AamwalaTarla (16-05-2021) 8- C block, Race Course, Near Banshilal Shop (16-05-2021) 9- 219- Rajpur Road (16-05-2021) 10- Vijay Colony Hathibarkala (16-05-2021) 11- Laxman puri, LandourCant (15-05-2021) 12- Tunwala (Raipur Tunwala Marg) (15-05-2021) 13- PaschamiPatelnagar, Dehrakhas (15-05-2021) 14- Christian Village Center George School Barloganj (16-05-2021) 15- Hathibarkala, New Cantt Road (17-05-2021) 16- Kehri Gaon, Thakurpur Road (18-05-2021) 17- Shiv Shakti Colony ,Nathuwala (20-05-2021) 18- Kaleshwar Vihar , Aamwala Tarla (29-05-2021) 19- Karamchari Awas DLF Basi Estate (29-05-2021) 20- Kuladi (31-05-2021) 21- Sunny Lodge Estate, kigrain Picture Palace Marg (01-06-2021) Chakrata (02) 1- Gram Meharwala (24-05-2021) 2- Gram Matiyawa (26-05-2021)	Vikas Nagar (05)	
2	Haridwar	21	Haridwar (02) 1- RasoolpurMeethiberi, MajraChoota, Rasoolpur Pargana Najibabad (24-05-2021) 2- Opposite St. Merry School , Paschim Nathannagar (24-05-2021) Laksar (07) 1- Gram Khanpur, Brhampur (17-05-2021) 2- Gram Alwalpur (18-05-2021) 3- Gram Lalbandawa, Ward No-02 (20-05-2021) 4- Ward No.09 Padowali (22-05-2021) 5- Gram Kalsiya, Ward No-11 (24-05-2021) 6- Gram Kabulpuri, Raighati (25-05-2021) 7- Gram Sherpubela (26-05-2021)	Roorkee (12) 1- H No. 501, 502 Awas Vikas Colony, Nagar Nigam (15-05-2021) 2- Gram Thaska Pargana Mangalore (15-05-2021) 3- Gali no-11, Krishna Nagar Salempur, Rajputaan Nagar Nigam (17-05-2021) 4- Gram Libarhedi, Pargana Mangalore (18-05-2021) 5- Block B, Ashok Nagar, Gram dhandera Pargana (20-05-2021) 6- Gram MakanpurDevpur ParganaBhagwanpur (21-05-2021) 7- ShyamnagarGali No-03, Sunhara (21-05-2021) 8- Gram Daulatpur Pargana (22-05-2021) 9- Gram Thaska Pargana Mangalore (23-05-2021) 10- H.N0. 173, block C, Shivaji Nagar Gram Dhandera Pargana (25-05-2021) 11- Gram Nasirpur Afzalpur Pargana, Mangalore (02-06-2021) 12- Gram Dhanori (03-06-2021)	









3	Nainital	06	Kaushya Kutoli (06) 1- Gram Halso Patti MallaKaushya (21-05-2021) 2- Gram Torad Patti Betalghat (21-05-2021) 3- Gram Joshikhola (21-05-2021) 4- Gram Ghiroli Patti Mallipali (23-05-2021) 5- Gram Kharali Bunga Patti Unchakot (23-05-2021) 6- Gram Gajar Patti Bargal (23-05-2021)	
4	Pauri		Notdwar (03) 1- Subhash Bazar, Duggada (18-05-2021) 2- Gram Umraila ,Talla Vikas khand, Dugadda (18-05-2021) 3- Gram Kholkandi, Vikas Khand Duggada (18-05-2021) Lansdowne (03) 1- Gram Jyual Gaon (15-05-2021) 2- Gram Dewrari (15-05-2021) 3- Gram Bagankhola (22-05-2021)	Srinagar (03) 1- Gram GhadBasalyupattichalansayu (22-05-2021) 2- Gram Suralgaon Patti Chalansayu (24-05-2021) 3- Gram Chamrada , Patti Katalsayu (01-06-2021) Pauri (01) 1- Gram Dadhogi (17-05-2021) Yamkeshwar (02) 1- Gram Sirasu (19-05-2021) 2- Gram NandMalla (19-05-2021)
5	Uttarkashi		Bhatwari (02) 1- Gram Silla Patti, NaldKathur (24-05-2021) 2- Gram Belatipari, Patti NaldKathud (27-05-2021) Purola (02) 1- Gram Dhoni (09-05-2021) 2- Gram Thathung (24-05-2021) Chinyalisaur (01) 1- Gram New Khalsi Patti Dashagi (09-05-2021)	Barkot (04) 1
6	UdhamSingh	15	Jaspur (09) 1-	Sitargani (03) 1- Gram Bihi (27-05-2021 to 06-06-2021) 2- Gram Chatuakheda(27-05-2021 to 06-06-2021) 3- Gram Achenta (27-05-2021 to 06-06-2021)









7	Champawat	12	Champawat (11) 1- Narsingh Danda (19-05-2021) 2- Bastiyagunth (19-05-2021) 3- Chauradumkhuri (19-05-2021) 4- Goli (20-05-2021) 5- Bhanoli (Tok Bilaspur) (15-05-2021) 6- Kanda (Tok Amodi) (15-05-2021) 7- Kanda (17-05-2021) 8- Gram Adi Dubchoda (27-05-2021) 9- Gram diguroli (27-05-2021) 10- Gram Bungakhyali (27-05-2021) 11- Gram Chaudkhyali (27-05-2021)	Tanakpur (01) 1- Nayakgoath (11-05-2021)
8	Chamoli	07	Ghat (02) 1- Gram Vijar (21-05-2021) 2- Gram Kundi (25-05-2021) Chamoli (01) 1- 1- Nagar Panchayat, Pipalkoti Ward No-02, Agthala, Kisan Nagar (27-05-2021)	Joshimath (04)
9	Tehri	25	Tehri Gharwal (03) 1- Gram Mad Bhanali, Patti Bhamund(14-05-2021) 2- Gram Manda (27-05-2021) 3- Gram Jugad Gaon (28-05-2021) Ghansali (1) 1- Gram Behada, Patti Nalchami, Madya Ardhagi (16-05-2021) Devprayag (03) 1- Gram Palethi (25-05-2021) 2- Gram Kunadi (27-05-2021) 3- Gram Arota (29-05-2021) Narendranagar (02) 1- Gram Kot Patti (11-05-2021) 2- Vichalaya Tok (25-05-2021)	Jakhnidhar (06)
10	Rudraprayag	14	Ukhimath (10) 1- Gram Sabha Kunjethi (15-05-2021) 2- Gram Sabha Parkandi (17-05-2021) 3- Gram Sabha Raulank (17-05-2021) 4- Gram Sabha Jalai (21-05-2021) 5- Gram Sabha Ghad (21-05-2021) 6- Gram Sabha Sari (21-05-2021) 7- Gram Sabha Daula Kanyas Bhatwarisunhar (21-05-2021) 8- Gram Sabha Sitapur (21-05-2021) 9- Gram Sabha khumera (24-05-2021) 10- Gram Sabha Pav – Jagpuda (24-05-2021)	Rudraprayag (04) 1- Gram Kottalla (12-05-2021) 2- Gram Madhgaon (14-05-2021) 3- Gram Gwefur, Tilni (16-05-2021) 4- Gram Naari, Satarekhal (16-05-2021)
11	Pithoragarh	05	Berinag (01) 1- Gram RithaRetoil (20-05-2021) Badalu (02) 1- Kashani (20-05-2021) 2- Aathgaon (20-05-2021)	Kanalichinna (01) 1







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12	Almora		1- Gram Gadhali (24-05-2021)	Dwarahat (02) 1- Gram MalliBitholi (21-05-2021) 2- Gram Ghanoli (03-06-2021) Syaldey (02) 1- Bajarkhoda (Sarikhet) (21-05-2021) 2- Gram Bharsoli Vikas Khand Syaldey (25-05-2021)
	Total	175		



SOCIAL DISTANCING is for your own Safety